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TEACHING/RESEARCH FIELDS: Motivation, Positive Psychology, Psychometrics

KEY RESEARCH THEMES:

- The contribution of personality resources to success, resilience, and well-being
- Resources important for well-being, engagement, and performance at work
- Personal meaning, search for meaning, lay theories of life meaning
- Balanced time perspective, time management practices, and positive time use
- Sociocultural influences on well-being and intergroup relations, minority stress

EDUCATION

Professional degree in Counselling using Existential Analysis from the International Society for Logotherapy and Existential Analysis (GLE) and HSE University (2010): postgraduate degree (512 hours), cum laude.

Ph.D. in General Psychology from Lomonosov Moscow State University (2008): degree awarded in 2008, thesis title: “Loss of meaning as experienced alienation: Structure and assessment” (academic advisor: Dr. Sc., Prof. Dmitry A. Leontiev, date of public defense: November 13, 2007).

Specialist (M.Sc.) in General Psychology and Teaching of Psychology (2004): cum laude (GPA: 4.88/5). Research thesis “Life meaning as an object of empirical study” (academic advisor: Dr. Sc., Prof. Dmitry A. Leontiev), obtained a special mention of the jury for creative contribution.

PEER-REVIEWED PUBLICATIONS

Journal papers (* - Q1/Q2, student co-authors are underlined):

1. Ponizovskiy, V., Weißlog, M. I., **Osin, E.**, & Grigoryan, L. (2026). War, what is it good for? Propaganda, value-instantiating beliefs, war support and resistance in Russia. *Advances in Psychology*, 1, e825539. <https://doi.org/10.56296/aip00054>
2. * Sautkina, E., Bonnefoy, B., & **Osin, E.** (2026). Selflessness predicts pro-environmental behavior via unity with nature. *Journal of Environmental Psychology*, 113, 103124. <https://doi.org/10.1016/j.jenvp.2026.103124>
3. Shapoval, O. A., & **Osin, E. N.** (2026). Lichnostnye i sotsial'no-demograficheskie osobennosti molodykh lyudei s raznym urovnem brendozavisimosti [Personality and sociodemographic characteristics of young people with different levels of brand addiction]. *Siberian Psychological Journal*, (100), 110-128. <https://doi.org/10.17223/17267080/100/7> (in Russian).
4. Yadav, P., **Osin, E. N.**, & Chumakova, M. A. (2026). “Boys don’t cry”: Demographic inequalities in the use of mental health and well-being support services and resources in Russia. *Psychological Studies*, 19(106), 8. <https://doi.org/10.54359/ps.v19i106.2084>

5. * Grigoryan, L., Ponizovskiy, V., Weisslog, M. I., **Osin, E. N.**, & Lickel, B. (2025). Guilt, shame, and anti-war action in an authoritarian country at war. *Political Psychology*, 46(1), 167-184. <https://doi.org/10.1111/pops.12985>
6. * Gulevich, O., & **Osin, E.** (2025). How does identifying with one's nation predict support for wars? The role of secure national identification and national narcissism. *Personality and Individual Differences*, 235, 112970. <https://doi.org/10.1016/j.paid.2024.112970>
7. * Gulevich, O. A., Gnezdilov, A. N., & **Osin, E. N.** (2025). Perceived threats, trust in authorities, and well-being: The role of responsibility attribution. *Personality and Individual Differences*, 246, 113335. <https://doi.org/10.1016/j.paid.2025.113335>
8. * Kranz, D., Arontschik, N., & **Osin, E. N.** (2025). Minority stress among Russian lesbian, gay, bisexual, and transgender people in young and middle adulthood: Associations with internalizing and externalizing mental health problems. *Psychology of Sexual Orientation and Gender Diversity*, 12(3), 434-449. <https://doi.org/10.1037/sgd0000673>
9. **Subasi, M.**, & **Osin, E.** (2025). Adaptation of the hedonic and eudaimonic motives for activities-revised (HEMA-R) scale among Russian-speaking respondents. *Psychological Studies*, 17(98), 2. <https://doi.org/10.54359/ps.v17i98.1707>
10. **Subasi, M.**, Huta, V., & **Osin, E. N.** (2025). Hedonic vs. eudaimonic ways of living on the path to well-being and psychological distress: Turkish validation of HEMA-R. *Turkish Psychological Counseling and Guidance Journal*, 15(77), 376-392. <https://doi.org/10.17066/tpdrd.1515439>
11. **Subasi, M.**, **Osin, E. N.**, Karaman, H., Gürkan, E., & Bulut, S. (2025). Assessing mindfulness barriers: Turkish validation of the Fears and Resistances to Mindfulness Scale (FRM) via a bifactor model approach. *Turkish Psychological Counseling and Guidance Journal*, 15(77), 349-361. <https://doi.org/10.17066/tpdrd.1497757>
12. * Cherian, D., Hässler, T., Singh, P., Jami, H., Ummak, E., & **Osin, E. N.** (2024). Between Oppression and Affirmation: Health and Well-Being of LGBTIQ+ People in Transitioning Societies: The Case of India, Pakistan, Russia, and Turkey. *Journal of Social Issues*, 80(3), 1056-1078. <https://doi.org/10.1111/josi.12644>
13. * Gulevich, O., **Osin, E.**, & Chernov, D. (2024). Dark Triad and the attitude toward military violence against civilians: The role of moral disengagement. *European Journal of Social Psychology*, 54(6), 1127-1140. <https://doi.org/10.1002/ejsp.3067>
14. * Kranz, D., Arontschik, N., & **Osin, E. N.** (2024). Community involvement and mental health in Russian LGBT People : The mediating role of social support. *European Journal of Psychology Open*, 83(1), 35-46. <https://doi.org/10.1024/2673-8627/a000055>
15. * Leontiev, D., **Mospan, A.**, & **Osin, E.** (2024). Positive personality resources as buffers against psychological reactions to uncertainty. *Current Psychology*, 43, 14839-14850. <https://doi.org/10.1007/s12144-022-03879-1>
16. * Leontiev, D. A., **Osin, E. N.**, Rykun, A. Y., Dymshits, M. N., Kosheleva, N. V., & Sukhushina, E. V. (2024) Diversity of Leisure Behavior and Personal Potential as Predictors of Psychological Well-Being. *Monitoring of Public Opinion: Economic and Social Changes*, (6), 75-98. <https://doi.org/10.14515/monitoring.2024.6.2524> (In Russ.)

17. * **Osin, E. N., & Boniwell, I.** (2024). Positive time use: A missing link between time perspective, time management, and well-being. *Frontiers in Psychology*, 15, 1087932. <https://doi.org/10.3389/fpsyg.2024.1087932>
18. * **Osin, E. N., Egorova, P. A., & Kedrova, N. B.** (2024). Constructive Functions of Dreams: From a Theoretical Model to an Empirical Validation. Part 2. *Kul'turno-istoricheskaya psikhologiya [Cultural-Historical Psychology]*, 20(1), 97–107. <https://doi.org/10.17759/chp.2024200113> (in Russian).
19. * **Sperduto, C., Fenouillet, F., Boujon, C., Oger, M., Martin-Krumm, C., & Osin, E.** (2024). Predictors of dropout intention in French secondary school students: The role of test anxiety, school burnout, and academic achievement. *European Journal of Educational Research*, 13(4), 1901-1915. <https://doi.org/10.12973/eu-jer.13.4.1901>
20. **Subaşı, M., & Osin, E. N.** (2024). The essence of authentic pursuits: Intrinsic value-goal concordance matters. *Psychological Studies*, 17(97), 1660. <https://doi.org/10.54359/ps.v17i97.1660>
21. **Subaşı, M., Bulut, S., Karaman, H., & Osin, E. N.** (2024). Multidimensional Meaning in Life: Turkish Validation of the 3DM Using a Bifactor Model. *Cyprus Turkish Journal of Psychiatry & Psychology*, 6(4), 313-320. <https://doi.org/10.35365/ctjpp.24.4.02>
22. * **Zolotareva, A., Kheday, A., Voevodina, E., Kritsky, I., Ibragimov, R., Nizovskih, N., ... & Osin, E.** (2024). Optimism, Resilience, and General Self-Efficacy Predict Lower Somatic Burden during the COVID-19 Pandemic. *Healthcare*, 12(13), 1338. <https://doi.org/10.3390/healthcare12131338>
23. * **Boniwell, I., Osin, E., Kalisch, L., Chabanne, J., & Abou-Zaki, L.** (2023). SPARK Resilience in the workplace: Effectiveness of a brief online resilience intervention during Covid-19 lockdown. *PLoS One*, 18(3), e0271753. <https://doi.org/10.1371/journal.pone.0271753>
24. * **Gulevich, O. A., & Osin, E. N.** (2023). Generalized trust and military attitudes in Russia: The role of national and global human identification. *British Journal of Social Psychology*, 62(3), 1566-1579. <https://doi.org/10.1111/bjso.12648>
25. **Gulevich O. A., & Osin, E. N.** (2023). Psychological factors of attitudes to war: Theoretical review. *Sociologiya vlasti [Sociology of Power]*, 35(1), 31-50. <http://doi.org/10.22394/2074-0492-2023-1-31-50> (in Russian).
26. **Larina, E. V., Shumsky, V. B., & Osin, E. N.** (2022). Razrabotka oprosnikov “Test ekzistencial’nykh motivatsiy v otnosheniyakh s mater’yu/ottsom” [Development of scales “A test to measure existential motivations in relationships with mother/father”]. *Mir Psikhologii*, (4), https://doi.org/10.51944/20738528_2022_4_18 (in Russian)
27. * **Osin, E. N., Egorova, P. A., & Kedrova, N. B.** (2023). Constructive Functions of Dreams: From a Theoretical Model to an Empirical Validation. Part 1. *Kul'turno-istoricheskaya psikhologiya [Cultural-Historical Psychology]*, 19(4), 56–66. <https://doi.org/10.17759/chp.2023190406> (in Russian).
28. * **Osin, E. N., Voevodina, E. Yu., & Kostenko, V. Yu.** (2023). A growing concern for meaning: Ego development and eudaimonic functioning. *Frontiers in Psychology*, 14, 958721. <http://doi.org/10.3389/fpsyg.2023.958721>
29. * **Sheldon, K. M., Titova, L., Osin, E., & Bratcher, B.** (2023). Understanding the motivations of food bank volunteers: Applying self-determination theory and

functional motivations theory. *Journal of Community and Applied Social Psychology*, 33(3), 708-718. <https://doi.org/10.1002/casp.2656>

30. * Zolotareva, A., Kheday, A., Voevodina, E., Kritsky, I., Ibragimov, R., Nizovskih, N., Konstantinov, V., Malenova, A., Belasheva, I., Khodyreva, N., Preobrazhensky, V., Azanova, K., Sarapultseva, L., Galimova, A., Atamanova, I., Kulik, A., Neyaskina, Y., Lapshin, M., Mamonova, M., Kadyrov, R., Volkova, E., Drachkova, V., Seryy, A., Kosheleva, N., & **Osin, E. N.** (2023). Somatic burden in Russia during the COVID-19 pandemic. *PLoS One*, 18(3), e0282345. <http://doi.org/10.1371/journal.pone.0282345>
31. * Csillik, A., Meyer, T., & **Osin, E. N.** (2022). Comparative evaluation of Motivational Interviewing components in alcohol treatment. *Journal of Contemporary Psychotherapy*, 52(1), 55-65. <https://doi.org/10.1007/s10879-021-09517-4>
32. * **Kalisch, L.**, Boniwell, I., **Osin, E.**, & Baeza-Velasco, C. (2022). Feeling good despite EDS: The effects of a five-week online positive psychology programme for Ehlers-Danlos-Syndrome patients. *Journal of Contemporary Psychotherapy*, 52(1), 79-87. <https://doi.org/10.1007/s10879-021-09521-8>
33. Leontiev, D. A., & **Osin, E. N.** (2022). Subyektivnoe kachestvo vremeni kak obyekt psikhologicheskoi diagnostiki [Subjective quality of time as an object of psychological assessment]. *Siberian Journal of Psychology*, 83, 223-229. <https://doi.org/10.17223/17267080/83/12> (in Russian).
34. * Leontiev, D. A., **Osin, E. N.**, **Fam, A. K.**, & Ovchinnikova, E. Y. (2022). How you choose is as important as what you choose: Subjective quality of choice predicts well-being and academic performance. *Current Psychology*, 41(9), 6439-6451. <https://doi.org/10.1007/s12144-020-01124-1>
35. * **Osin, E. N.**, & **Turilina, I. I.** (2022). Mindfulness meditation experiences of novice practitioners in an online intervention: Trajectories, predictors, and challenges. *Applied Psychology: Health and Well-being*, 14(1), 101-121. <https://doi.org/10.1111/aphw.12293>
36. * Sheldon, K., Gordeeva, T., Sychev, O., **Osin, E.**, & Titova, L. (2022). Self-concordant goals breed goal-optimism and thus well-being. *Current Psychology*, 41(9), 6549-6557. <https://doi.org/10.1007/s12144-020-01156-7>
37. * Sheldon, K. M., **Osin, E.**, Lapka, S., Rasskazova, E., Titova, L., Khrushev, S., Vybornykh, D., & Gaponova, T. (2022). Blood donation motivation in the United States and Russia: What keeps donors coming back? *Journal of Community and Applied Social Psychology*, 32(5), 872-881. <https://doi.org/10.1002/casp.2608>
38. **Egorova, P. A.**, **Osin, E. N.**, & Kedrova, N. B. (2021). Mechta i zhiznennyi vybor: Eksperimental'noe issledovanie [Daydreaming and life choices: An experimental study]. *Psikhologicheskie Issledovaniya [Psychological Studies]*, 14, 2. <https://doi.org/10.54359/ps.v14i75.144> (in Russian).
39. * Gordeeva, T. O., **Osin, E. N.**, & Sychev, O. A. (2021). Diagnostika dispozitsionnogo optimizma: validnost' i nadezhnost' oprosnika TDO-P [Assessment of dispositional optimism: Validity and reliability of LOT-R]. *Psikhologiya: Zhurnal Vysshei Shkoly Ekonomiki [Psychology. Journal of the Higher School of Economics]*, 18(1), 55-73. <https://doi.org/10.17323/1813-8918-2021-1-34-55> (in Russian).

40. * Różycka-Tran, J., Piotrowski, J. P., Żemojtel-Piotrowska, M., Jurek, P., **Osin, E. N.**, Adams, B.G., ..., Maltby, J. (2021). Belief in a zero-sum game and subjective well-being across 35 countries. *Current Psychology*, 40, 3575-3584.
<https://doi.org/10.1007/s12144-019-00291-0>
41. Boniwell, I., **Osin, E.**, & Chabanne, J. (2020). Engagement et bien-être au travail : Développement du Profil Organisationnel Positif. *Sciences & Bonheur*, 4(1), 107-139 (in French). Available at: <https://sciencesetbonheur.files.wordpress.com/2020/06/sciences-bonheur-volume-4-printemps-2020.pdf>
42. * Chistopol'skaya, K. A., **Osin, E. N.**, Enikolopov, S. N., Nikolaev, E. A., Mysina, G. A., & Drovosekov, S. E. (2020). Koncept "sochuvstvie k sebe": rossiyskaya adaptaciya oprosnika Kristin Neff [The concept of self-compassion: A Russian adaptation of Christin Neff's questionnaire]. *Cultural-Historical Psychology*, 16(4), 35-48. <https://doi.org/10.17759/chp.2020160404> (in Russian).
43. * Kachur, A., **Osin, E.**, Davydov, D., Shutilov, K., & Novokshonov, A. (2020). Assessing the Big Five personality traits using real-life static facial images. *Scientific Reports*, 10, 8487. <https://doi.org/10.1038/s41598-020-65358-6>
44. **Osin, E. N.**, & Kosheleva, N. V. (2020). Test smyslozhiznennykh orientatsiy: Novye dannye o strukture i validnosti [Noetic Orientations Test: New findings on structure and validity]. *Voprosy Psikhologii*, 66(6), 150-163 (in Russian).
45. **Osin, E. N.**, & Leontiev, D. A. (2020). Kratkie russkoyazychnye shkaly diagnostiki subyektivnogo blagopoluchiya: psikhometricheskie kharakteristiki i sravnitel'nyi analiz [Brief Russian-language scales for subjective well-being assessment: psychometric properties and comparative analysis]. *Monitoring obshchestvennogo mneniya: ekonomicheskie i social'nye peremeny [Monitoring of Public Opinion: Economic and Social Changes]*, (1), 117-142. <https://doi.org/10.14515/monitoring.2020.1.06> (in Russian).
46. **Osin, E. N.**, & Turilina I. I. (2020). Kratkosrochnye efekty ot onlain-praktiki meditatsii osoznannosti [The short-term effects of online mindfulness meditation practice]. *Ekspperimental'naya psikhologiya [Experimental Psychology]*, 12(1), 51-62. <https://doi.org/10.17759/exppsy.2020130104> (in Russian).
47. Pankratova, A. A., & **Osin, E. N.** (2020). Krugovaya model' pravil proyavleniya emocii: Kross-kulturnoe issledovanie [Circumplex model of emotional display rules: A cross-cultural study]. *Psikhologicheskii Zhurnal*, 41(2), 51-68. <https://doi.org/10.31857/S020595920008542-2> (in Russian).
48. Gordeeva, T. O., Sychev, O. A., **Osin, E. N.**, Titova-Grandchamp, V. A. (2019). Kratkiy oprosnik optimisticheskogo atributivnogo stilya [A brief measure of optimistic attributional style]. *Psikhologicheskii Zhurnal [Psychological Journal]*, 40(6), 76-86. <https://doi.org/10.31857/S020595920007323-1> (in Russian).
49. **Ishanov, S. A.**, & **Osin, E. N.** (2019). Naedine s soboi: Uedinenie i odinochestvo [Alone with oneself: Loneliness vs. Solitude]. *Chelovek*, 30(3), 165-183 (in Russian).
50. **Klein, K. G.**, Leontiev, D. A., Kostenko, V. Yu., **Osin, E. N.**, Taranenko, O. A., & **Kosheleva, N. V.** (2019). Perezhivaniya v raznykh vidah deyatel'nosti: vremennaya dinamika i sodержatel'naya validnost' [Experiences across various types of activities: Temporal dynamics and construct validity]. *Psikhologicheskaya Nauka i Obrazovanie*

- [*Psychological Science and Education*], 24(5), 47-57. <https://doi.org/10.17759/pse.2019240505> (in Russian).
51. Kolachev, N. I., Osin, E. N., Schaufeli, W., & Desart, S. (2019). Lichnostnye resursy i vygoranie: Rezultaty issledovaniya bibliotekarei Moskovskoi oblasti [Personality resources and burnout: Findings in a sample of librarians from Moscow Region]. *Organizatsionnaya Psikhologiya* [Organizational Psychology], 9(2), 129-147. <https://orgpsyjournal.hse.ru/2019-9-2/287845572.html> (in Russian).
 52. * Pankratova, A. A., Osin, E. N., & Lebedev, V. V. (2019). Podavlenie ekspressii polozhitel'nykh i otricatel'nykh emociy v Rossii i Azerbaidzhane [The effects of suppressing positive and negative emotions in Russia and in Azerbaijan]. *Kulturno-Istoricheskaya Psikhologiya* [Cultural-Historical Psychology], 15(3), 60-70. <https://doi.org/10.17759/chp.2019150307> (in Russian).
 53. * Rahmadani, V. G., Schaufeli, W. B., Ivanova, T. Y., & Osin, E. N. (2019). Basic psychological need satisfaction mediates the relationship between engaging leadership and work engagement: A cross-national study. *Human Resource Development Quarterly*, 30(4), 453-471. <https://doi.org/10.1002/hrdq.21366>
 54. * Sheldon, K. M., Prentice, M., & Osin, E. (2019). Rightly crossing the Rubicon: Evaluating goal self-concordance prior to selection helps people choose more intrinsic goals. *Journal of Research in Personality*, 79, 119-129. <https://doi.org/10.1016/j.jrp.2019.03.001>
 55. Egorova, P. A., Osin, E. N., Kedrova, N. B., & Rogova, I. A. (2018). O chem mechtayut podrostki: Svyaz' kharakteristik podrostkovoi mechty s urovnem trevogi i depressii [What do teenagers dream about? : Characteristics of teenage daydreams and their associations with anxiety and depression]. *Voprosy Psikhologii*, (3), 22-33 (in Russian).
 56. * Gulevich, O. A., Osin, E. N., Isaenko, N. A., Brainis, L. M. (2018). Scrutinizing homophobia: A model of perception of homosexuals in Russia. *Journal of Homosexuality*, 65(13), 1838-1866. <https://doi.org/10.1080/00918369.2017.1391017>
 57. Haag, P., Gay, M.-C., Boujut, É., Osin, E., Bruno, A.-S., Cazalis, F., Vrignaud, P., & Shankland, R. (2018). Stress perçu et santé physique des doctorants dans les universités françaises: une étude exploratoire. *Pratiques Psychologiques*, 24(1), 1-20. <https://doi.org/10.1016/j.prps.2017.04.005> (in French).
 58. * Ishanov, S. A., Osin, E. N., & Kostenko, V. Y. (2018). Lichnostnoe razvitie i kachestvo uedineniya [Ego development and the quality of solitude]. *Kulturno-Istoricheskaya Psikhologiya* [Cultural-Historical Psychology], 14(1), 30-40. <https://doi.org/10.17759/chp.2018140104> (in Russian).
 59. Ivanova, T. Yu., Leontiev, D. A., Osin, E. N., & Rasskazova E. I. (2018). Sovremennye problemy izucheniya lichnostnykh resursov v professional'noi deyatel'nosti [Contemporary issues of personality resource studies in the work context]. *Organizacionnaya psikhologiya* [Organizational Psychology], 8(1), 85-121 (in Russian). Available at: <https://orgpsyjournal.hse.ru/2018-8-1/218051322.html>
 60. Leontiev, D. A., Osin, E. N., Dosumova, S. Sh., Rzaeva, F. R., & Bobrov, V. V. (2018). Perekhvativaniya v uchebnoi deyatel'nosti i ih svyaz s psikhologicheskimi blagopoluchiyami [Study-related experiences and their association with psychological well-being]. *Psikhologicheskaya Nauka i Obrazovanie* [Psychological Science and Education], 23(6), 55-66. <https://doi.org/10.17759/PSE.2018230605> (in Russian).

61. **Osin, E. N., Ivanova, T. Yu., Orel, E. A., & Rasskazova, E. I.** (2018). Personality resources and work motivation: A beneficial synergy. *Organizatsionnaya Psikhologiya [Organizational Psychology]*, 8(2), 27-46. Available at: <https://orgpsyjournal.hse.ru/article/view/35903/28206>
62. * Pankratova, A. A., & **Osin, E. N.** (2018). Osobennosti emocionalnoi regulatsii u predstavitelei russkoi i azerbajjanskoi kul'tur [Emotional regulation in representatives of Russian and Azerbaijani cultures]. *Cultural-Historical Psychology*, 14(2), 52-60. <https://doi.org/10.17759/chp.2018140206> (in Russian)
63. * Sheldon, K. M., Gordeeva, T. O., Leontiev, D. A., Lynch, M., **Osin, E. N., Rasskazova, E. I., & Dementiy, L. A.** (2018). Freedom and responsibility go together: Personality, experimental, and cultural demonstrations. *Journal of Research in Personality*, 73, 63-74. <https://doi.org/10.1016/j.jrp.2017.11.007>
64. Sychev, O. A., Gordeeva, T. O., Lunkina, M. V., **Osin, E. N., & Sidneva, A. N.** (2018). Mnogomernaya shkala udovletvorennosti zhiznyu shkolnikov [Multidimensional Students' Life Satisfaction Scale]. *Psikhologicheskaya Nauka i Obrazovanie [Psychological Science and Education]*, 23(6), 5-15. <https://doi.org/10.17759/PSE.2018230601> (in Russian)
65. * Żemojtel-Piotrowska, M., Piotrowski, J., **Osin, E. N., Cieciuch, J., Adams, B. G., ..., & Maltby, J.** (2018). Mental Health Continuum-Short Form: The structure and application for cross-cultural studies. *Journal of Clinical Psychology*, 74(6), 1034-1052. <https://doi.org/10.1002/jclp.22570>
66. Gordeeva, T. O., **Osin, E. N., Suchkov, D. D., Ivanova, T. Y., Sychev, O. A., & Bobrov, V. V.** (2017). Self-Control as a personal resource: Determining its relationships to success, perseverance, and well-being. *Russian Education and Society*, 59(5-6), 231-255. <https://doi.org/10.1080/10609393.2017.1408367> (transl. from Russian).
67. * Gordeeva, T. O., Sychev, O. A., & **Osin, E. N.** (2017). Diagnostika optimizma: detskii oprosnik optimisticheskogo stilya obyasneniya uspekhev i neudach [Measuring optimism: Child version of the Success and Failure Explanatory Style Questionnaire]. *Kulturno-Istoricheskaya Psikhologiya [Cultural-Historical Psychology]*, 13(2), 50-60. <https://doi.org/10.17759/chp.2017130206> (in Russian)
68. * Gordeeva, T. O., Sychev, O. A., & **Osin, E. N.** (2017). Optimisticheskii atributivnyi stil' i dispozicionnyi optimizm: Empiricheskaya proverka skhodstva i razlichiya dvukh konstruktov [Optimistic attributional style and dispositional optimism: An empirical investigation of the similarities and differences of the two constructs]. *Psychology Journal of the Higher School of Economics*, 14(4), 756-765. <https://doi.org/10.17323/1813-8918-2017-4-756-765> (in Russian)
69. Leontiev, D. A., & **Osin, E. N.** (2017). Utrata sensu życia i wyobcowanie [Loss of life meaning and alienation]. *Studia z Historii Filozofii*, 8(4), 35-56. <https://doi.org/10.12775/szhf.2017.040> (in Polish, transl. from Russian).
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Papers, under review:

- Csillik, A., Devulder, L., & Osin, E. N. (R&R). Motivational interviewing in groups: A randomized-controlled trial in adults with alcohol use disorder. *Journal of Clinical Psychology*.
- Längle, A. S., Osin, E. N., Först, N. M., & Längle, A. (R&R). Tests zur Existentiellen Motivation – Revidiert (TEM-R). *Existenzanalyse*.
- Leontiev, D. A., Dimidov, V. O., & Osin, E. N. (R&R). Orientatsiya na budushee v turbulentnye gody: Latentnye profili, demograficheskie prediktory i svyaz' s dinamikoy subyektivnogo blagopoluchiya u zhitelei Tomskoi oblasti (2021-2023) [Future orientation in turbulent times: Latent profiles, demographic predictors, and associations with the changes in subjective well-being among Tomsk region residents (2021-2023)]. *Public Opinion Monitoring*.
- Lynch, M. F., Lee, J., Leontiev, D. A., & Osin, E. N. (R&R). The Dark and Bright Sides of Being Alone: Moderators and Covariates of General Loneliness. *Social Sciences and Humanities Open*.

- Osin, E. N., Yadav, P., & Deambrogio, A. (accepted). Artificial intelligence predicts the person-activity fit of positive psycho-logical interventions: A pilot study. *Psychological Studies*.

Papers, submitted:

- Kalisch, L., Attali, D., Dorard, G., Poulard, A., Dehoche, E., Marchall, A., Osin, E., & Baeza-Velasco, C. (submitted). French validation of the Psychosocial Adjustment to Illness Scale – Self Report (PAIS-SR) in patients suffering from chronic musculoskeletal pain. *European Journal of Psychological Assessment*.
- Korshunov, D. S., Osin, E. N., Solotina, Yu. S., & Lebedeva, A. A. (submitted). Trekhmernaya shkala smysla F. Martela i M. Stegera (3DM): Russkoyazychnaya adaptatsiya [The Three-Dimensional Meaning Scale (3DM) by F. Martela & M. Steger: A Russian-Language Adaptation]. *National Psychological Journal* (in Russian).
- Osin, E. N., Kolachev, N. I., Solotina, Yu. S., Filatova, E. A., & Lebedeva, A. A. (submitted). Izmerenie dispozitsional'noi avtonomii: Oprosnik "Indeks avtonomnogo funkcionirovaniya" [Measuring dispositional autonomy: The Index of Autonomous Functioning questionnaire]. *Psikhologicheskii Zhurnal* (in Russian).
- Subasi, M., Huta, V., & Osin, E. N. (submitted). How people seek happiness: An international meta-analysis linking hedonic, eudaimonic, and extrinsic pursuits with personal well-being and country-/sample-level characteristics. *Journal of Happiness Studies*.

RESEARCH IN PROGRESS

- **Patterns and predictors of workplace well-being** (based on Positive Organizational Profile data from 4 countries, N > 25,000): using an original circumplex model of (un)well-being states at work, we aim to identify latent profiles and explore the contribution of personality, organizational, and job role resources.
- **Motivational profiles of personality strengths** (a cross-cultural study with data from the US, France, Russia, and Kazakhstan): combining Self-Determination Theory with Values in Action model of personality strengths, we can identify their underlying motivations (relative autonomy) and test whether culture and composition effects moderate the effects of individual strengths on well-being.
- **The role of personality factors in various life domains**: using the original AI that infers personality from facial images, we explore the relationships of personality with real-life outcomes (political engagement, career success, etc.) using publicly available image datasets.

RESEARCH EXPERIENCE

École des Hautes Études en Sciences Sociales (EHESS) et Centre National des Recherches Scientifiques (CNRS) (Paris, France), *The Centre for Russian, Caucasian and Central European Studies (CERCEC)*: Temporary research attachment (délégation CNRS) (September 2024-February 2025, 6 months, full-time): research on individual and social-psychological factors predicting the support for and resistance to the war in Ukraine among Russian population.

Université Paris Nanterre (2020-present): member of the laboratory LINP2 (Interdisciplinary Laboratory of Neuroscience, Physiology, and Psychology).

HSE University (Moscow, Russia, 2011-2022): Research positions (0.5 full-time, 2011-2022), *Laboratory of Positive Psychology and Life Quality*: Senior Research Fellow (2011-2013), *International Laboratory for Positive Psychology of Personality and Motivation*: Leading Research Fellow (2014-2016), Vice-Head of the Laboratory (2017-2022). Annual budget ranged from 50,000 to 300,000 Euro, provided by the university and state funding bodies. Projects included cross-sectional and longitudinal studies using parallel U.S. and Russian samples, exploring cultural differences in well-being and motivational processes. Besides research, my duties included coordination of the lab, working on grant proposals and reports, budgeting, etc.

University of East London (London, UK), *School of Psychology*: Leverhulme Visiting Research Fellow (1-year postdoctoral research fellowship) (2008-2009). Projects in collaboration with Ilona Boniwell included operationalization of balanced time perspective and investigation of its effects on well-being in 2 cultures, development of a psychometric model of eudaimonic well-being, evaluation of positive education interventions.

Personality Potential Research group (2002-2011), later *Laboratory of Positive Psychology and Life Quality* at the HSE (2011-2014): a team of scholars from Lomonosov Moscow State University and HSE University; work in a series of projects funded by Russian state agencies aimed at exploring higher-level personality characteristics underlying flexible and effective self-regulation of activity and autonomous functioning.

International collaborative research projects: Cultural differences in time perspective (2008-2013, with Anna Sircova, Philip Zimbardo, Fons Van de Vijver et al.), Entitlement and well-being (2014-2017, team leader: Magda Zemojtel-Piotrowska), Zurich Intergroup Project (2019-present, team leader: Tabea Hässler), PsyCorona (2020-2022, team leader: N. Pontus Leander), Burnout Assessment Tool (BAT) international consortium (2018-present, team leader: Wilmar Schaufeli), and others.

CONSULTANCY PROJECTS

Positran (France, 2014-present; partner): R&D of digitized (online) psychometric tools to measure well-being, resources, and resilience of individuals and organizations: Positive Organizational Profile, Well-being and Resilience Questionnaire etc. Supervision of applied research projects, multilanguage survey design, data analyses, presenting the results of well-being surveys for various international state and private companies, including *Prime Minister's Office of the UAE* (United Arab Emirates), *Saham / Sana Education* (Morocco), *Agefiph* (France), etc.

Neuristix (UK, 2019-2024), *Facevue.ai* (UK, 2025- present; partner): R&D and psychometric advisory on development and validation of a personality profiling technology based on facial images (a startup using machine learning and a cascade of AI models to predict personality traits and generate personalized suggestions).

International Research & Exchanges Board (IREX) (USA, 2023, expert): advice on research design, survey development, and the contribution of personality and social psychological processes to political dynamics.

Giunti O.S. Russia (2012-present; consultant on psychometrics): Russian-language validation and development of psychological assessment tools (Big Five Questionnaire – 2, Work

Importance Survey – Scale of Professional Values), editing of test manuals, conducting advertisement / educational webinars on psychometrics.

Development, validation or licensing of psychometric instruments: research design, data collection, data analysis for various businesses, including *Time Diagnostics* (UK), *Sberbank* (Russia), *Raiffeisenbank* (Russia), *Metrix.AI* (Russia), *True North / BestFitMe* (Russia), *SNCF* (France).

Large-scale employee surveys focused on work motivation, engagement, and well-being for large businesses, including *TGK-2* (Russia), *RKS* (Russia), *VkusVill* (Russia) and others: survey development and validation, supervision of research teams working on data collection, analysis, and reporting.

TEACHING EXPERIENCE

Université Paris Nanterre (Paris, France) (2020-present: MCF, full-time):

- Graduate (M.Sc.): Positive Psychology of Learning (M1), Motivational Processes (M2), Preparing a Presentation in English (M2), Statistical processing of data (M1), research seminars (M1), M.Sc. research supervision, Ph.D. supervision (member of team).
- Undergraduate: Emotions, Stress, and Psychological Resources (L3), Positive Psychology of Learning (L3), Cognitive Psychology: Memory and Learning (L2), Cognitive Psychology: Language and Comprehension (L3).
- Supervision: M.Sc. theses (3-4 per year).

HSE University (Moscow, Russia) (full-time teaching position in 2009-2020, part-time in 2007-2009 and 2020-2022): *Higher School of Journalism*: Lecturer, *Department of Psychology*: Senior Lecturer (2009-2012), Associate Professor (2012-2022):

- Graduate courses (M.Sc. and Ph.D. level): *Quantitative and Qualitative Research Methods in Psychology* (parallel English- and Russian-language course available on YouTube), *Research Methods in Psychology and Education*, *Structural Equation Modelling*, *Contemporary Issues in Psychology*, research seminars.
- Undergraduate courses: Motivation and Emotion, Introduction to Psychology, History of Psychology.
- Development of M.Sc. programs: Educational and Psychological Measurement (in partnership with University of Massachusetts and Boston College, launched in 2010) and a research Master's in Positive Psychology (launched in 2020).
- Student research supervision (over 100 projects): M.Sc. theses (5-7 per year), B.Sc. research theses (2-3 per year), Ph.D. supervision (sole supervisor: 4 theses defended – S. Ishanov, P. Egorova, N. Kolachev, M. Subasi, 2 planned for defense in 2026 – E. Larina, P. Yadav).

Sigmund Freud University (Paris, France) (2025-2026): workshops on quantitative research methods for undergraduate students.

University of East London (London, UK) (2022-2023): creation of a series of distance learning mini-modules on research methods in Positive Psychology for the Master in Applied Positive Psychology and Coaching Psychology programme (videos: over 50 hours of

theoretical and practical courses using SPSS and Jamovi + curricula, assignments, self-tests, etc.), PhD research supervision (member of supervisory teams).

School of Positive Psychology (Singapore) (2022-2024): delivering a distance-based module on positive psychological assessment in organizations as part of professional degree in positive psychology coaching (15 hours, distance-based).

Moscow State University of Psychology and Education (Moscow, Russia) (2022-): Analysis of Psychological Research Data and Preparation for Publication (continuing-education 16-hour course, distance-based).

École des Psychologues Practiciens (Paris, France) (2021-): Quantitative Data Analysis (M.Sc.), Statistical Data Analysis (B.Sc.): lectures and workshops (face-to-face).

Anglia Ruskin University (2017-2023, module leader, distance-based): delivery of the Introduction to Positive Psychology module at the International Master in Applied Positive Psychology (IMAPP) programme (40 teaching hours), student M.A. research project supervision (over 20 projects), marking.

Institute for Professional Innovations (Moscow, Russia, 2009, part-time): Undergraduate courses in General Psychology, Applied Statistics in Psychology, Research Methods.

St. John's Russian Orthodox University (Moscow, Russia, 2006-2007, part-time): Undergraduate course in Applied Statistics in Psychology, student research supervision.

Lomonosov Moscow State University (Moscow, Russia, 2004-2007, as a graduate T.A.): Undergraduate courses in Motivation and Emotions, Measurement in Psychology, Introduction to Psychology.

FELLOWSHIPS, GRANTS, HONORS, AND AWARDS

Research projects, as a PI:

- “Personality, motivational, and organizational resources as predictors of psychological well-being at work” (*Russian Foundation for Basic Research*, 2015-2017, small group research grant: 50,000 Euro)
- “Time perspective, time management strategies, and satisfaction with time use” (1.5-month visiting research fellowship from *Fondation Maison des Sciences de l’Homme*, Paris, France, 2016)
- “Personality resources and work motivation” (*Russian Foundation for Humanities*, 2012, small-group research grant: 15,000 Euro)
- “Alienation in Russia: psychological aspects and social predictors” (*Higher School of Economics*, 2010, individual research grant).
- *Leverhulme Trust Visiting Research Fellowship* (University of East London, 2008-2009)

Key research team member (only projects with dedicated external funding listed):

- “Systemic and dynamic analysis of activity regulation” (*Russian Science Foundation*, 2015-2020, P.I.: D. Leontiev)
- “The transformation of values and subjective life quality: Regional perspective” (*Russian Science Foundation*, 2018-2020, P.I.: E. Ponarin)

- “Cultural values and emotional expression rules” (*Russian Foundation for Basic Research*, 2016-2018, P.I.: D. Lyusin)
- “Optimism as a predictor of activity performance and psychological well-being: Structure and assessment” (*Russian Foundation for Basic Research*, 2016-2018, P.I.: T. Gordeeva)
- “Existential problems in contemporary personality psychology: Rapprochement of paradigms” (*Russian Science Foundation*, 2014-2016, P.I.: D. Leontiev)
- “The role of inner dialogue and self-reflection in the self-regulation, self-attitude, and self-development personality processes” (*Russian Foundation for Humanities*, 2014-2016, P.I.: D. Leontiev)
- “Motivational and personality factors of academic success and psychological well-being” (*Russian Foundation for Humanities*, 2012-2014, P.I.: T. Gordeeva)
- “Choice as internal activity: Leves, strategies, and personality prerequisites” (*Russian Foundation for Humanities*, 2012-2013, P.I.: D. Leontiev)
- “The influence of sociocultural factors on individual psychological characteristics” (*Russian Foundation for Basic Research*, 2012-2013, P.I.: D. Leontiev)
- “Psychological support in specialized education at high school: Assessment and development of readiness for choice based on the analysis of personality potential factors in student development” (*Federal Program for the Development of Education*, 2008, P.I.: D. Leontiev)
- “Development of the indicators of personality potential and psychological well-being of public education students” (*Federal Program for the Development of Education*, 2007, P.I.: D. Leontiev)
- “Structure and assessment of the potential of personality” (*Russian Foundation for Humanities*, 2006-2008, P.I.: D. Leontiev)

Teaching grants and fellowships:

- *Potatin Foundation* (2019-2020): Personal fellowship to support the development of research Masters’ programme in Positive Psychology at HSE University (programme launched in 2020).
- Short-term visiting professorships (< 3 months): *University of Paris Nanterre* (2019), *École des Hautes Études en Sciences Sociales (EHESS)* / *FMSH* (2014, 2015, 2016), *University of Umea* (2012).

Honours and awards:

- Visiting Senior Lecturer in Positive Psychology, *University of East London* (2023-2025, 2026-2028).
- Honorary Visiting Lecturer, *Anglia Ruskin University* (2020-2023).
- *Scopus Award Russia* from *Elsevier* (2018) for outstanding contribution to psychology (based on 3-year research output & citations), Winner.
- *HSE University* (rated among top 100 world schools for psychology by QS World University Rankings in 2022):

Best Teachers in Psychology (based on students' and graduates' anonymous voting) (2012, 2013, 2014, 2016, 2017, 2019, 2020, 2021, 2022, 2023)

Best Student Research award for graduate work supervision (MSc) (2012, 2020, 2021)

Rector's letter of gratitude (2012, 2021), Certificate of Accomplishment (2016, 2017), Medal in recognition of 15 years of outstanding contribution (2022)

Best Russian-language Research Publication competition, winner (2021)

"Golden Reference" award (HSE and Elsevier) for one of three university's most-cited papers (2016), Nominee.

- 23rd Annual Greater New York Conference on Behavioral Research (2011), honorary guest.
- 3rd European Conference on Positive Psychology student travel fellowship (2006).
- Winner of TakingITGlobal youth competition of English-language essays on Russia (2005).
- Gallup Positive Psychology student travel fellowship (2005).
- Lomonosov Moscow State University: final research project awarded an "Original contribution" mention (2004).

PRESENTATIONS AND CONFERENCES

Invited lectures and keynotes

1. "Meaning of life: Where it comes from and what is it for?" Invited talk at the Figure vs. Background gestalt therapy community (online, November 2026).
2. "Positivity at work: What helps to avoid burnout, stay happy, and bring joy to patients?" Invited talk at the Russian Congress of Stomatology (online, September, 2026).
3. "The evolving self: From desires to personal meaning" Invited talk at the international meeting of MB Global Community (Paris, September 2026).
4. "How can we measure personal growth? : The theories of adult development". Invited online talk at the "Personality development" online lectorium (Russia, March 2025 and April 2026).
5. "When does our job inspire us?" Online keynote at the Career Forum (Moscow, October 2025).
6. Three invited lectures ("Positive time use as an indicator of life quality" with I. Boniwell, "Well-being of Siberian residents in post-Covid times: dynamics and predictors", "Leisure, personality potential and well-being" with D. Leontiev, "Personality potential mediates the effects of life conditions on subjective well-being") as part of the symposium "Personality potential, success, and quality of life" (HSE University, online, 30.11.2024).
7. Summer School on Positive Psychology of the HSE (September 2023, online), two invited talks: "Sociocultural predictors of psychological well-being" and "Well-being of Russians: dynamics and influences".

8. “Resilience in positive psychology: What it is and how we can develop it”. Invited lecture at the First Ukrainian Conference “Contemporary issues of clinical psychology, psychotherapy, and counselling” (Kyiv, Ukraine, September 2023, distance-based)
9. Workshop “The space of co-participation – 2023” (HSE, 29.06.2023), invited keynote “The practices of positive psychology in education: developing creativity and resilience”.
10. Invited seminar at BONHEURS Laboratory “The contributions of positive psychology to the connection of meaning and happiness” (June 2023)
11. Russian conference on CBT (September 2022), invited keynote “Resilience in Positive Psychology: Definitions and Possibilities for Development”
12. Spring Psychological School of the HSE (March 23, 2022) “The Psychology of Freedom”
13. “Criteria for choosing assessment instruments: Which questions do we need to ask the providers?” (Giunti O.S. webinar, 15.02.2022).
14. Russian Forum « Transforming Education » (Tomsk, 17-19.11.2022) « Positive Psychology in Education: How to Teach and Learn with Pleasure »
15. Invited seminar at LAPEA (Paris) (09.12.2021) “Meaning in life and personality development”
16. Invited panel discussions «Developing happiness in education», «The benefits of mindfulness»: International Day of Happiness Russia – 2021 / HappyForum 2021 (<https://happyforum.ru>) 20.03.2021
17. « Motivation à l'école : les ressources et les facteurs délétères » [Motivation at school : Resources and detrimental factors] – EHES Seminar « UE614 - Bien-être et mal-être à l'école » 11.02.2021. Available at: <https://webdiffusion.ehes.fr/videos/bien-etre-et-mal-etre-a-lecole-seance-4/>
18. « Why do Americans smile a lot ? : Emotions in different cultures » : invited online panel discussion organized by the USA Consulate General in Ekaterinburg 24.03.2021
19. “‘Black’ psychometrics and the criteria for evaluation of psychometric tools”; “The five-factor model of personality and the possibilities of BFQ-2 questionnaire” (invited webinars, Giunti O.S. Russia, 2021)
20. « La pleine-conscience en tant qu'une ressource psychologique » [Mindfulness as a psychological resource] LINP 2 symposium « Lumières sur les mécanismes cognitifs et les méthodes d'interventions neuro-psychologiques applicables en clinique » 15.04.2021.
21. Spring Psychological School of the HSE (March 2021) “The positive psychology of time: Which ways of using our time can make us happy?”
22. 1st Russian Conference « Development of Personality Potential as a Value in Education” (June 4, 2020), invited talk: “Teachers in search for happiness: What contributes to the well-being of pedagogues
23. Sakharov Center “The fear of 2020: How to live?” Invited public discussion.
24. KSTATI “The secret happiness of Russians”
<https://www.youtube.com/watch?v=P4hgyu1x9E4>

25. Invited webinar, International Time Perspective Network “Culture and time perspective” (2020)
26. Summer School 2020 “The problems of psychometric questionnaires: From wild psychometrics to scientific” <https://www.youtube.com/watch?v=EcbufR8rqts>
27. Spring Psychological School of the HSE (March 2020) “The secrets of intrinsic motivation” <https://www.youtube.com/watch?v=16LGkyieCLg>
28. “The psychology of life meaning”, “Eudaimonia: A new well-being research paradigm”. Invited lectures at the Université Paris Nanterre as part of visiting professorship (Paris, France, 2019).
29. “Happiness in the information age: An ideal or a trap?”. Invited talk at the April Conference of the HSE (Moscow, Russia, 2019).
30. “In search of eudaimonic personality: The model of eudaimonia as a meaningful effort”. Invited lecture at the International Symposium “Beyond Happiness” (Moscow, Russia, 2018).
31. “ZTPI in 33 countries: A hard nut to crack”. Invited workshop (with A. Sircova) at the International Time Perspective Congress (Copenhagen, Denmark, 2016).
32. “Psychology on the meaning of life: What can it add to philosophy?”, “Is happiness pleasure or effort? Theories and applications of eudaimonia”, “Positive psychology at the workplace: What makes us happy and productive?”, “Culture and personality: Vygotsky’s ideas today”. A series of invited lectures at the seminars of Ecole des Hautes Etudes en Sciences Sociales (Paris, France, 2016).
33. “Time perspective in cross-cultural context”. Invited keynote at Tomsk State University (Tomsk, Russia, 2016).
34. “Who are the Homophobes? Predictors of prejudice in Russians”. Invited talk at the Science Slam conference (Institute of Psychology of the Russian Academy of Education, Moscow, 2015).
35. “Positive Psychology: Pathways to Happiness”. Invited workshop at the PsyFactor conference (Kiev Shevchenko National University, Ukraine, 2015).
36. “Asians are the least agreeable, Africans are the most conscientious: The problems of comparability of personality constructs across cultures” (Invited lecture at the Science club of the Lomonosov Moscow State University, 2015).
37. “The Problem of Well-Being in Positive Psychology: New Developments”. Keynote address at the Siberian Psychological Congress (Tomsk, 2015).
38. “Meaningful living: Positive psychology beyond affective balance” (co-authors: D. Leontiev; invited lecture at Fordham University, New York, USA, 2015).
39. “Confirmatory Factor Analysis: Non-Trivial Problems and Their Solutions”. Invited talk at the interdisciplinary research seminar of HSE (Saint-Petersburg, 2015).
40. “Validation of assessment instruments: How to ensure that a psychometric measure reaches the company’s goals” (invited workshop at the Shtat HR conference, Moscow, 2014).
41. “Cross-cultural study of time perspective in 33 countries” (invited talk, PsyFactor conference at the Kiev National University, Ukraine, 2014).

42. "Scale development and cross-cultural comparisons using Structural Equation Modeling and Item Response Theory: an empirical comparison" (HSE Institute of Education seminar, Moscow, November 2013).
43. "Studies of Happiness in Positive Psychology" (Invited lecture at Fordham University, New York, USA, 2012)
44. "Psychology in Russia: Problems and New Trends" (Invited lecture at Fordham University, New York, USA, 2011).
45. "Cross-cultural study of time perspective using ZTPI" (co-authors: A. Sircova). Invited lecture at the University of Umea (Umea, Sweden, 2011).
46. "Positive psychological ideas in Russia", "Hedonic and eudaimonic well-being", "Solitude and Loneliness". Invited lectures at the University of East London MAPP programme (London, UK, 2008).

Conference talks and symposia

47. "Like a rolling stone: How does it feel to be a dissenter in a repressive social context?" Paper presented at the Self-Determination Theory conference (Geneva, June 2026).
48. "The harmful role of test anxiety in university students" (co-authors: F. Fenouillet, L. Leger-Chorki, E. Schneider). Paper presented at the conference of the French association for Positive Psychology (Paris, May 2025).
49. "Facteurs individuels et socio-psychologiques du soutien et de résistance à la guerre en Ukraine dans la population russe" [The personality and social-psychological factors of support of and opposition to the war in Ukraine among Russians] (Journée des recherches CERCEC, 2024)
50. "AI-based assessment of personality using facial images: Developing a model" (with N. Sergovantseva), paper presented at the "Personnel Assessment" conference (online, September 2023).
51. "Variety of leisure forms as a predictor of Russians' well-being" (with M. Dymshits, D. Leontiev), paper presented at the April Conference of the HSE (Moscow, 2022, online).
52. « La perspective temporelle : Une cadre pour les pratiques positives » [Time Perspective: A general framework for positive interventions]. Paper presented at the 1st Colloque : Psychologie Positive & Approche Centrée Solution (Grenoble, France, 15.10.2021).
53. « Les approches individuelles au problème du sens : Relations au développement de l'ego et au bien-être eudémonique » [Individual approaches to the problem of meaning : Associations with ego development and eudaimonic well-being] – 3me Congrès Français et francophone de Psychologie Positive 2-4 June 2021 (online).
54. "Why do we do the good thing? : Motivational profiles of personality strengths in three cultures" (co-authors: K. Sheldon, I. Boniwell, O . Pavlenko, A. Samekin). Paper presented at the 7th International Self-Determination Theory Conference (Amsterdam, 2019).
55. "Minority stress among Russian lesbian, gay, bisexual, and transsexual people in young and middle adulthood" (co-authors: D. Kranz, N. Arontschik). Paper presented at the European Congress of Psychology (Moscow, Russia, 2019).

56. "Is 'meaning' always meaningful: Individual differences in lay theories of meaning" (co-authors: S. Kuznetsova, E. Voevodina, A. Malyutina). Paper presented at the European Congress of Psychology (Moscow, Russia, 2019).
57. "Three facets of meaning at work: Findings in French organizations" (co-author: I. Boniwell). Paper presented at the international convention of the Association for Psychological Science (Paris, France, 2019).
58. "The paradoxes of alienation: Social conditions and individual choices as causes of meaninglessness". Paper presented at the 7th Russian Conference on Existential Psychology (Moscow, 2019).
59. "Existential fulfilment as a new approach to measuring well-being: Test of Existential Motivations" (co-authors: E. Ukolova, V. Shumsky). Paper presented at the European Conference on Positive Psychology (Budapest, Hungary, 2018).
60. "Dream about the future, not about the past: Individual differences in the temporal locus of daydreaming" (co-authors: P. Egorova, N. Kedrova). Paper presented at the International Conference on Time Perspective (Nantes, France, 2018).
61. "Developing a circumplex model of emotional display rules" (with A. Pankratova) Paper presented at the Vygotsky Memorial Conference (Moscow, 2018).
62. "Optimistic attributional style matters, after all: Linking explanations of positive events to well-being and academic achievement" (co-authors: T. Gordeeva, O. Sychev). Paper presented at the International Conference on Well-being in Education (Paris, France, 2017).
63. "Individual and organizational predictors of emotional states at work". Paper presented at the International Vygotsky Memorial Conference (Moscow, 2017).
64. "Does social desirability explain the association of well-being and performance?" (co-authors: T. Gordeeva, T. Ivanova). Paper presented at the 8th European Conference for Positive Psychology (Angers, France, 2016).
65. "From balanced time perspective to balanced time use: Exploring the links between time perspective and well-being" (co-author: I. Boniwell). Paper presented at the International Congress on Time Perspective (Copenhagen, Denmark, 2016).
66. "Is it always good to be happy? Expression norms for happiness in Russia and the USA" (co-authors: K. Sheldon et al.). Paper presented at the congress of the International Association of Cross-Cultural Psychology (Nagoya, Japan, 2016).
67. "Evaluating the autonomy continuum across cultures and activities: UPLOC, a new standardized assessment tool". Paper presented at the 2016 Self-Determination Theory conference (Victoria, BC, Canada, 2016).
68. "Implicit Conceptions of Life Meaning" (co-authors: A. Malyutina, S. Kuznetsova). Poster presented as the First World Congress of Psychological Science (Amsterdam, 2015)
69. "Homophobia in Russia: Exploring Predictors of Prejudice" (co-authors: O. Gulevich, N. Isaenko, L. Brainis). Poster presented as the First World Congress of Psychological Science (Amsterdam, 2015)
70. "Responsibility Only Comes with Freedom that is Cherished: Lay Theories of Freedom in Russia" (co-authors: K. Sheldon, D. Leontiev). Paper presented at the World Congress of International Association of Positive Psychology (Florida, 2015).

71. "Differences in expression norms for happiness and unhappiness in Russia and the USA" (co-authors: K. Sheldon, D. Leontiev, T. Gordeeva). Paper presented at the conference of International Laboratory of Sociocultural Research (Moscow, 2015).
72. "Development of a Russian version of the Brief Self-Control Scale" (with T. Gordeeva). Paper presented at the Third Russian Conference on Psychological Assessment (Chelyabinsk, 2015).
73. "Human Resource Monitoring as an Organizational Development Tool". Paper presented at the HR-Trend conference (Tomsk, 2015).
74. "Self-Transcendence is a Personality Resource that Facilitates Flow Experience" (with A. Malyutina). Paper presented at the conference of the International Society of Logotherapy and Existential Analysis (Berlin, 2014).
75. "Student well-being and achievement at university: When do they come together?" (co-authors: T. Gordeeva, D. Leontiev). Paper presented at the International Conference for Applied Psychology (Paris, 2014).
76. "President Obama and Russia: A commentary". Paper presented at the International Conference for Applied Psychology (Paris, 2014).
77. "Autonomous and controlled regulation in Russian employees" (co-authors: T. Ivanova, E. Rasskazova, D. Leontiev). Paper presented at the 4th International Conference on Self-Determination Theory, Rochester, NY, USA, 2013.
78. Two talks ("Antecedents and consequences of autonomous and controlled work motivation" with T. Gordeeva), "Personality resources and work motivation: A beneficial synergy") as part of an invited symposium "Well-being in Russian employees: The role of motivation and personality resources" at the 7th European Conference on Positive Psychology, Amsterdam, 2013).
79. "The meaning of 'meaning': Implicit conceptions of life meaning and meaning pursuit strategies". Paper presented at the 4th Russian conference on existential psychology (Moscow, May 2013).
80. "Towards a comprehensive model of eudaimonia: development of the Integrated Well-Being Scale" (co-authors: I. Boniwell). Paper presented at the 6th European Conference on Positive Psychology, Moscow, 2012.
81. "Two pathways to academic achievement: along with well-being and away from it" (co-authors: T. Gordeeva, D. Leontiev). Paper presented at the 6th European Conference on Positive Psychology, Moscow, 2012.
82. "Job satisfaction: structure and associations with work engagement and organizational loyalty" (co-authors: E. Rasskazova, T. Ivanova). Poster presented at the 6th European Conference on Positive Psychology, Moscow, 2012.
83. "Personal resources as a factor of work motivation" (co-authors: E. Rasskazova, T. Ivanova). Poster presented at the 6th European Conference on Positive Psychology, Moscow, 2012.
84. "Social dilemmas through simulation: Exploring the mediating role of personal time perspective" (co-authors: A. Sircova, F. Karimi, P. Holme). Paper presented at the First International Conference on Time Perspective, Coimbra, Portugal, 2012.
85. "Cross-cultural equivalence of Zimbardo Time Perspective Inventory: A 24-country study" (co-authors: A. Sircova, F. van de Vijver, T. Milfont, N. Fieulaine, A. Kislali-

- Erginbilgic). Paper presented at the First International Conference on Time Perspective, Coimbra, Portugal, 2012.
86. "Loneliness experience and attitudes towards loneliness as subjective well-being predictors" (co-author: Z. Perlova). Paper presented at the RSUH Vygotsky memorial conference (Moscow, November 2012).
 87. "Russian-language scales for subjective well-being assessment". Paper presented at the RSUH Vygotsky memorial conference (Moscow, November 2011).
 88. "Reliability and Validity of the Short Version of Success and Failure Explanatory Style Questionnaire (Academic)" (co-authors: T. Gordeeva). Paper presented at the 11th European Conference on Psychological Assessment (Riga, Latvia, 2011).
 89. "Cross-Cultural Assessment of Time Perspective: Equivalence and Bias Study" (co-authors: A. Sircova, F. van de Vijver). Paper presented at the 11th European Conference on Psychological Assessment (Riga, Latvia, 2011).
 90. "Integrated Well-Being Scale: a New Measure of Eudaimonic Functioning" (co-authors: I. Boniwell). Poster presented at the Second World Congress on Positive Psychology (Philadelphia, US, 2011).
 91. "Two sides of optimism: The positive and negative consequences of dispositional optimism and optimistic attributional style" (co-authors: T. Gordeeva). Poster presented at the Second World Congress on Positive Psychology (Philadelphia, US, 2011).
 92. "Personal potential as predictor of well-being and academic achievement" (co-authors: T. Gordeeva and D. Leontiev). Paper presented at the 5th European Conference on Positive Psychology (Copenhagen, Denmark, 2010).
 93. "Dispositional optimism and academic achievement" (co-authors: T. Gordeeva, O. Sychev). Poster presented at the 5th European Conference on Positive Psychology (Copenhagen, Denmark, 2010).
 94. "Emotions that lead from alienation to authentic living". Paper presented at the Society for Logotherapy and Existential Analysis conference (Vienna, Austria, 2010).
 95. "Self-determination and Well-being" (co-authors: I. Boniwell). Poster presented at the 2010 Self-Determination Theory Conference (Ghent, Belgium, 2010).
 96. "A new operationalization of attitudinal ambivalence using semantic differential" (co-authors: O. Mitina). Paper presented at the Subjective Semantics in the New Millennium conference (Moscow, 2010).
 97. "Meaning of activity as a predictor of activity performance". Paper presented at the HSE April conference (Moscow, 2010).
 98. "Balanced Time Perspective in Britain and in Russia" (co-authors: I. Boniwell, P.A. Linley, G.V. Ivanchenko). Paper presented at the First World Congress on Positive Psychology (Philadelphia, US, 2009).
 99. "What do we really measure when we measure meaning?" Paper presented at the First World Congress on Positive Psychology (Philadelphia, US, 2009).
 100. "Development of the Integrated Well-Being Scale" (co-authors: I. Boniwell, N. Popovic, M. McDermott). Paper presented at the First World Congress on Positive Psychology (Philadelphia, US, 2009).

101. "Optimistic attributional styles and academic achievement: A new look at the problem" (co-authors: T. Gordeeva). Poster presented at the First World Congress on Positive Psychology (Philadelphia, US, 2009).
102. "Perception of possibilities, subjective well-being and future time perspective" (co-authors: D. Leontiev, G. Ivanchenko). Poster presented at the First World Congress on Positive Psychology (Philadelphia, US, 2009).
103. "Professional differences in life meaning: Results of an online study using Purpose-In-Life test". Paper presented at the 14th Annual Life Meaning Symposium (Moscow, 2009).
104. "Optimism, hope and performance: when optimistic attributional style really helps" (co-authors: T. Gordeeva, G. Ivanchenko). Poster presented at the Fourth European Conference on Positive Psychology (Opatija, Croatia, 2008).
105. "Positive and Negative Aspects of Loneliness: The Multidimensional Inventory of Loneliness Experience" (co-authors: A. Salikhova, D. Leontiev). Poster presented at the fourth European Conference on Positive Psychology (Opatija, Croatia, 2008).
106. "Subjective alienation: Measurement and correlates". Poster presented at the XXIX International Congress of Psychology (Berlin, Germany, 2008).
107. "Alienation Revisited: A Broken Dialogue". Paper presented at the Fifth International Conference on the Dialogical Self (Cambridge, UK, 2008).
108. "Problems and Perspectives of Empirical Life Meaning Studies in Psychology". Paper presented at the 12th Annual Life Meaning Symposium (Moscow, 2007).
109. "Alienation as a Psychological Concept". Paper presented at the Third Russian Conference on Existential Psychology (Moscow, 2007).
110. "Perceived Alienation in Education: Research Perspectives". Paper presented at the Lomonosov 2007 conference (Moscow, 2007).
111. "Society, Alienation and Life Meaning". Paper presented at the 11th Annual Life Meaning Symposium (Moscow, 2006).
112. "Social Desirability in Positive Psychological Assessment". Paper presented at the third European Conference on Positive Psychology (Braga, Portugal, 2006).
113. "Change-Related Correlates of Meaningful Life". Poster presented at the Gallup Positive Psychology Summit (Washington DC, 2005).
114. "Loss of Meaning and Alienation: Notes on Conceptual Relationship". Paper presented at the V. Frankl Memorial Conference (Moscow, 2005).
115. "Life Meaning as a Psychological Variable" (co-authors: D. Leontiev). Paper presented at the 8th Annual Life Meaning Symposium (Moscow, 2003).

(the list excludes collective talks presented by co-authors)

PROFESSIONAL SERVICE

Professional associations: *International Positive Psychology Association (IPPA)*, *American Psychological Association (Affiliate)*, *Division 52 (International Psychology)*, *Association for Psychological Science (APS)*, *International Time Perspective Network (ITPN)*.

Ad-hoc reviewer for a range of international journals, including *Depression and Anxiety*, *International Journal of Psychology*, *Journal of Cross-Cultural Psychology*, *Journal of Happiness Studies*, *Journal of Personality and Social Psychology*, *International Perspectives in Psychology*, *PLOS One*, *Psychological Reports*, *Sage Open*, *Social Indicators Research*, *The Journal of Positive Psychology*, *Time and Society*, and leading Russian journals, including *Cultural-Historical Psychology*, *Experimental Psychology*, *Psychological Studies*, *Voprosy Psikhologii*, etc.

Editorial/advisory board member of *Psychology. Journal of the Higher School of Economics*, *Organizational Psychology*, and *International Journal of Well-Being*.

Program committee member of 11th *European Conference on Positive Psychology* (Innsbruck, Austria, 2024), *Happiness Beyond Well-Being: International Symposium* (Moscow, Russia, 2018), 6th *European conference on Positive Psychology* (Moscow, Russia, 2012), “*Psychology of Individuality*” conference (Moscow, Russia, 2012; 2014)

Open Minds Institute (Ukraine, 2022-2024, volunteer expert): advice on research design, survey development, and the contribution of personality and social psychological processes to the political dynamics; data collection, data analysis.

European Network for Positive Psychology (ENPP, 2022-2024), elected executive board member.

HSE University (2007-2022) Administrative duties: *Department of Psychology*: Deputy Dean for Research (2009-2011), Deputy Dean for International Relations (2011-2013), Editor of university working paper series in psychology (2011-2017), Doctoral thesis council member (since 2017; presently external international member), Departmental IRB (since 2018; presently external member).

Gross National Happiness (Bhutan, 2012-2013, UN project carried out by the Royal Government of Bhutan, volunteer member of the International Expert Working Group): reviewing evidence and developing policy recommendations on the ways to promote well-being at the national and at the global scale.

V. V. Luchkov Memorial Library (Moscow, Russia, 1999-2007, volunteer librarian): facilitating student access to a collection of over 5000 English-language books on psychology collected by the initiative of Esalen Institute and The Russian-American Center.

Young Psychologist School (Moscow, Russia, 2001-2004, trainer): conducting weekly 90-minute psychology-themed learning and training sessions for high school students (40-50 participants).

SKILLS AND ADDITIONAL INFORMATION

Languages: English (CAE Grade A: CEFR Level C2), French (fluent, C1), Russian (native), Ukrainian (fluent, ~B2), basic German, Italian, Sanskrit. Teaching courses in English, French, and Russian.

Teaching tools: online classroom software (Moodle, Canvas), synchronous distance-based teaching (Zoom, MS Teams, Webinar), collaborative project tools (Padlet), instant survey / formative assessment tools (1ka, WooClap), etc.

IT skills: C/C++, BASIC/VBA, SQL/MySQL, HTML/CSS, JavaScript. Online experiment and online survey development using third-party tools (1ka.si, SurveyMonkey, etc.) and custom programmed interfaces. Development and support of R-based server-side scripts

generating reports and running on a Linux server at Positran (Positive Organizational Profile; Well-Being and Resilience Questionnaire, and others).

Statistical tools and methods used: R, JASP/Jamovi, Mplus, EQS, SPSS, Statistica, NVivo, Excel (Basic stats, General Linear Model, structural equation modelling with observed and latent variables, linear mixed models and hierarchical linear models, cluster and latent class/profile analysis including multilevel LPA, working with mixed-method data).

Test development: Item development, validation using cognitive interviewing and expert committees, structural / reliability analyses (classical test theory, confirmatory factor analysis, exploratory SEM, bifactor models; some knowledge of IRT and Bayesian psychometrics), designing validation studies. Translation, review, and cross-cultural validation of psychometric instruments, measurement invariance analyses based on observed scores (Mantel-Haenszel ANOVA, congruence coefficients etc.) and latent scores (multigroup CFA, MIMIC models, alignment method).

Research profiles:

- Web of Science: <https://publons.com/researcher/G-6558-2012/> (125 publications, 2690 citations, h index = 26)
- Scopus Author ID: <https://www.scopus.com/authid/detail.uri?authorId=35737831400> (114 publications, 3563 citations, h index = 29)
- Russian Science Citation Index: http://elibrary.ru/author_profile.asp?authorid=527229 (153 publications, 4582 citations, h index = 32)
- Google Scholar: <https://scholar.google.com/citations?user=UT8CG1cAAAAJ>
- ORCID: <https://orcid.org/0000-0003-3330-5647>
- ResearchGate: https://www.researchgate.net/profile/Evgeny_Osin

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